Cheyenne and Arapaho Tribe youth council meets for the first time

BY ROSEMARY STEPHENS

The American Indian Cultural Center & Museum Director/CEO Jim Pepper Henry shares some of the vast components of the cultural center in Oklahoma City.

March 1, 2019 - Vol. 15, Issue 5

For years the American Indian Cultural Center & Museum (AICCM) has sat dormant leaving a lot of people wondering if the once envisioned cultural center and museum would ever reach its final stage.

That time has arrived.

Beginning in March, the construction phase will resume, 11 years after the original ground breaking was performed and seven years after construction was halted on the project.

“The most important thing happened… the original design of this facility go all the way back to 1999. When it was originally designed, there was a lot of money put into the project and people thought it would be on the state budget for disaster relief, and the legislature got a little bit more conservative and didn’t view this project the way the previous legislature had viewed this project,” Director Henry said. “So all of those factors contributed to the state pulling their funding away from this project.”

In the original planning stages for the project, the state of Oklahoma could see the AICCM as a way to attract more tourists and international visitors to the state. The first drawings and concepts came out in the early 2000s, and then there was a ground blessing on March 14, 2003, in Edmond, Okla., when the project was officially launched.

With the second meeting of the year set in Watonga, Okla., several events later, the Cheyenne and Arapaho Youth Council (CAYC) held their monthly meeting at the Watonga Community Center.

Community Building in Watonga, Okla.

On Feb. 17 the Cheyenne and Arapaho Youth Council (CAYC) held their monthly meeting at the Watonga Community Center in Watonga, Okla. Several tribal youth gathered to partake in the youth council’s meeting agenda and activities that were planned.

“Many of the tribal youth that participated in the Watonga Tribal Youth Council Meeting came from other tribes,” said Arianna Long, a Presumptive Conditions applicant Arianna Long looked at change as a positive thing.

“I used to be really shy, I mean I kind of am still,” Long said since joining CAYC four years ago, she has been able to stay away from her shy and quiet side.

“In the beginning of when I first joined CAYC, I would hide behind the TV but they decided to come here. I just like learning about everybody’s and everybody’s having fun,” Bushyhead said.

With new and familiar faces at the meeting, laughs and giggles overflowed the meeting when activities such as ice-breaker games set the tone.

While acknowledging positive change over the years since becoming a part of the youth council, CAYC officers, such as Treasurer Arianna Long looked at change as a positive thing.

“I think being a part of the youth council is really fun because I get to work with my friends and it’s kind of like me challenging myself to be a leader and having to step up. I choose the activities and being a part of the youth council and making new memories with new people and it’s pretty fun,” Long said.

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The startling toll on children who witness domestic violence is now just being understood

Jaye O’Donnell and Mahriye Quahria, USA TODAY

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When babies born to mothers were subjected to violence during pregnancy and the first three years of life, when developmentally, and there is a stack of other things that can be worse in the long run – their parents being at risk when the child is at risk. The results of these studies show that when babies born to mothers exposed to or victims of neighborhood violence.

The new generation needs an opportunity to live life differently. It’s common for children who are exposed to domestic violence to also suffer other adverse childhood experiences. ACEs are linked to a wide range of mental and physical health consequences throughout their lives, up and including early death.

Survey of mentally ill Southeast Asian and Pacific Islander students. The study found that the results might predict a later risk factor for anxiety disorders and increasing vulnerability to mental illness. A more recent study by the

United Nations Children’s Fund (UNICEF) has found that more than 650 million children were killed by a parent or a caregiver in a “divorce, separation, custody, visitation, child support” situation from 2008 through 2018.

If you’ve grown up in a situation that’s dangerous, you’re much more likely to react to something that’s actually totally safe (as if it were) a potential threat. It’s common for children who are exposed to domestic violence to also suffer other adverse childhood experiences. ACEs are linked to a wide range of mental and physical health consequences throughout their lives, up and including early death.

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If you or your child is experiencing domestic violence and/or mental health problems, contact the National Suicide Prevention Lifeline at 1-800-799-SAFE (7233) or online.

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Native American tribe fears border wall will destroy historic cemetery

By Patrick Simmons

(PIARR, TX) Members of a Native American group have been concerned with the criminal activity from the border zone on each side of the levee. That means construction would destroy many ancestral burial sites here.

“There are ancestors buried here,” Mancias said. “We are trying to help some of our relatives who are ancestors related to us by linear descent. The oldest one here was born in 1849 and died around the 1890s. You are looking at something that needs to be preserved. We have cleaned it up to show the graves are here.”

A sign honors American soldiers killed in the First and Second World Wars and the Korean War. U.S. flags sit on some of the graves. Their inscriptions indicate service in wars, including the Vietnam War, and tombstones date as far back as the Civil War.

“The Carrizo Comecrudos’ ancestral lands extend for more than 600 miles from Brownsville, Texas, in the Gulf of Mexico to Pecos, Texas, and across both sides of the Rio Grande,” said U.S. Customs and Border Protection maps show that Hidalgo County will receive 25 miles of border wall, including the areas with the chapel and the cemeteries. The agency has not confirmed if it will build a wall on the border.

“I would stand up against this kind of injustice on Carrizo Comecrudo territory,” Basaldú said, “We need to be heard, and our ancestors need to be respected.”

“The government’s letters won’t destroy the cemeteries and the chapel,” Basaldú said. “And the government’s letters are a part of a history that some people don’t want to talk about and that is why we are here,” Mancias said.

ELECTIONS

continued from pg 1

A candidate for District Legislative shall be an enrolled member of the Tribes, age 25 or older, and shall possess a high school degree or its equivalent.

No person convicted of a felony within the last ten years shall be eligible to serve as a District Legislative.

At time of filing a nomination petition, a candidate for District Legislative shall physically reside and be registered to vote in such district for which he or she seeks elective office and if elected, each District Legislative shall reside in such district for the duration of their term.

A candidate for the Office of District Legislative cannot own, control, or receive money or own any debts to the Tribes.

The minimum qualifications for Election Commission candidates are as follows:

A candidate for Election Commission Office shall possess at a minimum a high school degree or its equivalent.

No person convicted of a felony at any time shall be eligible to serve on the Election Commission.

Election Commissioners shall be elected from their respective districts.

The terms of office for both Legislative and Election Commission offices are four years. Officials elected this year will begin their terms on Jan. 1, 2020.

For more information on Election Commission offices toll free at 800-247-4621, ext. 27619.

Your Money, Your Plan
Financial Literacy Class

Learn how to budget and then set and achieve your financial goals.

This class is intended for tribal members.

March 25th—28th
Starting at 6 pm
Dinner will be served.
Locations to be announced.

To learn more or to read AGA’s full report visit www.americanaming.org.
Vin's 31 to hit bookshelves soon

Gavin Levi, a member of the Cheyenne and Arapaho Tribes is the author of Vin’s 31, a collection of horror short stories.

Cheyenne and Arapaho Tribes take first steps implementing resources for offenders

(VIN'S 31 pg. 11)

After hours nurse advice line

Whether you have an immediate health concern, questions about a particular medical condition, or a health question in the middle of the night, Clinton Community Service Unit’s (CSU) After Hours Nurse Advice Line is here to help. Patients may call the After Hours Nurse Advice Line after clinic hours or when the wait to speak with a registered nurse about their health concerns.

“The After Hours Nurse Advice Line will provide real-time health care assessments to help patients determine the right level of care needed at the moment,” said Deonda Robertson, personnel officer.

“The nurse will listen, gather information, and empower them to make confident and appropriate decisions about how best to proceed. Then the nurse will communicate both the recommendation and necessary actions to ensure appropriate follow-up is taken.”

Cheyenne and Arapaho Gov. Reggie Wassana and Lt. Gov. Gib Miles, along with administration employees meet with members of the American Indian Criminal Justice Navigation Council (AICJNC) to Cheyenne and Arapaho country to begin discussions on ideas and resources for incarcerated tribal members.

The mission statement of the AICJNC is dedicated to educating offenders, families and communities while partnering with federal, state and county officials, identifying opportunities while eliminating gaps in criminal justice reform. They accomplish this by pairing American Indian offenders with a navigator of their choosing. Native American offender who guides current offenders through the legal system and the complicated family dynamics that exist after incarceration.

The navagators are ex-offenders who are now deemed successful time serving offenders. (Photo via Facebook)

After hours nurse advice line

Cheyenne and Arapaho tribes take first steps implementing resources for offenders

(CONCHO, OK) On Feb. 21 Gov. Reggie Wassana and Lt. Gov. Gib Miles welcomed the American Indian Criminal Justice Navigation Council (AICJNC) to Cheyenne and Arapaho country to begin discussions on ideas and resources for incarcerated tribal members.

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BRIEFS AT A GLANCE

The seventh annual Higher Ed Summit April 16-18, 2019 at the Hilton Bayside in San Diego, Calif. For more information or to register visit www.salesforce.org.

The 12th annual Tribal Casino & Hotel Development Conference April 19-21, 2019 at the Harrahs Ak-Chin Casino in Maricopa, Ariz. For more information or to register visit www.nativeamericanconventions.org.

The 13th annual Native American Economic Development Conference June 10-11, 2019 at the Pechanga Resort & Casino in Temecula, Calif. For more information or to register visit www.nativeamericanconventions.org.

The 10th annual Native American Healthcare Conference June 16-19, 2019 at the Pechanga Resort & Casino in Temecula, Calif. For more information or to register visit www.nativeamericanconventions.org.

The 8th annual Native American Housing Conference June 10-11, 2019 at the Pechanga Resort & Casino in Temecula, Calif. For more information or to register visit www.nativeamericanconventions.org.
Author Richard DeSirey guest speaker for Cheyenne and Arapaho Tribal Library's monthly Book Club meeting.

During the February book club, author Richard DeSirey sat down with participants to discuss his book, Morning Star, Let Us Make a New Way.

DeSirey shared how he began the process of writing the book and answered questions from the audience. When he first met with the descendants of Morning Star in 1986, there were five different published accounts of his death at five different times in history. This book is the result of 30 years of research and the desire to bring the story to a wider audience.

Morning Star is the story of Weahsee, or Morning Star, who was chief of the Northern Cheyenne in the 19th century. DeSirey's book is based on research and working with Morning Star's descendants, and uses a fictional character, a U.S. Army officer to tell the story. When Morning Star opposed the U.S. Government to lead his tribe out of Indian Territory and back to their true homelands. (James D. Watts Jr, Tulsa World.)

Richard DeSirey is a Licensed Professional Counselor and a managing partner at A New Way Center on Greenwood in Tulsa, Okla.

The book club meets the first Thursday of each month in the Cheyenne and Arapaho Tribal Library located in the Dept. of Education building in Concho, Okla. For inquiries contact Christine Dent, special projects coordinator at 405-422-7638 or by emailing cdeny@ca-tribes.org.

We have different customs, different languages, different artistic styles, and a lot of people don’t understand there is such diversity here,” Henry said. He compares what happened in Oklahoma with all the different tribes being re-located from all around the United States to Oklahoma to the analogy of taking every country in Europe, not just one, and moving everybody in the England. “If people think of that way they are like, ‘oh my God. You’re putting Port-uguese, French, iroquois, and Czechoslavikians, and you are putting them all in the same place.” And that’s what happened here basically,” Henry said.

The AICCM is already working with Oklahoma City’s diversity here in Oklahoma.
Since the inception of CAYC, the youth council has been passed down from previous programs within the Cheyenne and Arapaho Tribes before it finally became part of the Executive, Exercise and Sports for the Elders and Children of our Tribe Coalition program.

It was established with an eye back under the Business Council and then it was under the Department of Education. I don’t think anybody wants to be doing anything with that now, so back when Carrie (Whitlow) worked with us we kind of started it back up. Then it wasn’t as active as they were then, but now it is.

We probably had a meeting, we did a leadership forum, we went somewhere maybe like a couple of things but they were not as active as they are now. Now they’re meeting every month, they are trying to do a fundraiser for community service every month and do things to keep them active,” Jerilyn Longknife, R.E.Sp.E.C.T. events planner said.

While the Watonga meeting involved discussing new ideas and future community service projects and fundraisers, youth participation in cultural activities such as traditional handgames. The Cheyenne and Arapaho Tribes Domestic Violence Program presented information on Truman’s Violence to the youth and the Language and Culture Program discussed Cheyenne and Arapaho etiquette.

Another major change Henry implemented was changing the 900 square foot gift shop into a 4,500 square foot gift shop where they will showcase authentic Native handmade items from the many talented artisans of our Tribe. Henry said, “It’s open to any tribal youth from seventh grade to sophomore. They’re all very healthy, they’re all very active, they’ll help tell the stories of our tribes here in Oklahoma.”

Another major change Henry implemented was establishing a long-term partnership with The University of Tulsa. Prior to the Gilcrease Museum he served as Director and CEO of the Heard Museum in Phoenix, AZ, increasing museum attendance by 38 percent and membership by 120 percent. He also served as Executive Director for the Heard Museum of the American Indian Center and the Heard Museum of Native American Cultures, a national organization over- seeing museum accreditation, and a board member of the Western Museum Association. He serves on the Oklahoma Arts in Public Places Oversight Committee and serves as a commissioner on the Greater Tulsa Area Indian Affairs Commission. He also served as a board member for the National Association of Native American Artists, a nonprofit organization that advocates for Native American artists.

Henry is a graduate of the University of Oregon and a graduate of the Getty Leadership Institute in Los Angeles, CA. He is a board member of the American Alliance of Museums, a national organization overseeing museum accreditation, and a board member of the Western Museum Association. He serves on the Oklahoma Arts in Public Places Oversight Committee and serves as a commissioner on the Greater Tulsa Area Indian Affairs Commission. He also served as a board member for the National Association of Native American Artists, a nonprofit organization that advocates for Native American artists. He served on the Oklahoma Arts in Public Places Oversight Committee and serves as a commissioner on the Greater Tulsa Area Indian Affairs Commission. He also served as a board member for the National Association of Native American Artists, a nonprofit organization that advocates for Native American artists.
The Viet Nam War: Interesting statistics and information

Information from Vietnam Veteran with Diabetes Facebook page

In case you haven’t been paying attention these past few decades or you re-

The Viet Nam War has been at one of those73APARTMENT FEATURES:

And the clock has been ticking. The

As of 2019, 2,790,938 Ameri-
can veterans who served in Vietnam, less than 850,000 are exis-
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VETERANS

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People with high blood pressure should consult a physician and follow a healthy heart diet, such as the DASH (Dietary Approaches to Stop Hypertension) eating plan. The DASH eating plan based on 1600 to 2000 calories per day would include:

- seven to 12 servings of grains, such as whole-wheat bread, pasta, pizza, oatmeal, brown rice
- three to five servings of fruits and vegetables-free or low-fat dairy products
- six to 11 servings of lean meat, poultry and fish
- two to three servings per day of fats and oils-avoiding foods high in sugar, salt and unhealthy fats
- no more than 30 grams of added sugar per day
- no more than 1000 mg of sodium per day

People who are overweight should lose weight. Physical activity, weight loss and reduced salt intake can lower blood pressure by 10 to 20 mmHg.

People with high blood pressure should consult a physician and follow a healthy heart diet, such as the DASH (Dietary Approaches to Stop Hypertension) eating plan. The DASH eating plan based on 1600 to 2000 calories per day would include:

- seven to 12 servings of grains, such as whole-wheat bread, pasta, pizza, oatmeal, brown rice
- three to five servings of fruits and vegetables-free or low-fat dairy products
- six to 11 servings of lean meat, poultry and fish
- two to three servings per day of fats and oils-avoiding foods high in sugar, salt and unhealthy fats
- no more than 30 grams of added sugar per day
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The Language and Culture Program would like to hear from you. We would like to bring your community activities that teach and preserve the traditions and practices of the Cheyenne and Arapaho people. We would like to have your input on what your community would be interested in learning. You can contact projects office at (405) 262-0345 ext. 2764 at 26.

March 19

Happy 6th Birthday

Destiny Bert

March 6th

Happy 6th birthday

Amaya Bert

March 6th

Happy 6th Birthday

Cadence Bert

March 6th

Happy 6th Birthday

Yellowfish

March 6th

Happy 6th birthday

Forrest Yellowfish

March 6th

Love, your family

Thomas Two-babies a.k.a.

Tom-Tom

Big Chief, I thank you and I have been thinking about you a lot. I don’t know what you are at but I am showing you some love. Keep your head up, you are always in my prayers.

With love,

your little cousin Gabby Hicks.

Tribe member Kallie Maitland is part of El Reno’s middle school archery team. Grades six through eight qualified for nationals and Kallie was one of the top shooters. Kallie is the daughter of Juanita Brown Sankey and stepdaughter of Cornell Sankey. Kallie is raising money through ongoing fundraisers for Kallie’s trip to the Nationals Archery Tournament that will be held at April in Salt Lake City, Utah. She is a great archer and we are very proud of her.

The 26th annual Indian Youth Career Day was held at the University of Central Oklahoma on Wednesday, Feb. 26th. Cheyenne and Arapaho Tribal youth from Watonga, Geary, and El Reno Public Schools attended the event. Cheyenne and Arapaho Television (CATV) Station also conducted a session titled, “Native Media REALLY Matters.” They held two sessions and both were full of students interested in journalism as well as interning at CATV.

The Department of Education made a small donation to the lunch that was provided for the students. Thank you to Darren Brown, Adam Youngbear, and Diane Hartico for sharing your knowledge and encouraging students interested in journalism as well as interning at CATV.

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Kevin Clinton Two Babies was born on Jan. 10, 1984 to Judy E. Lime and Amiel Two Babies Sr. Kevin made his journey home on Feb. 19, 2019. Kevin attended school at Longdale and Canton. He was an electrician for many years working for the Cheyenne & Arapaho Tribes of Oklahoma. Michael was preceded in death by his father, Michael Two Babies Sr. He was dearly missed by all.

MOTHER: Hazel (Luna) Spotted Corn; MANY SISTERS, BROTHERS, UNCLE, AUNTIES, GRANDFATHERS, GRANDMOTHERS, AND PATERNAL GRANDPARENTS.

KEVIN IS LOVED AND REMEMBERED WITH AFFECTION, LOVE, AND RESPECT. HIS MEMORIES WILL LIVE IN YOUR HEARTS AND MINDS. HE WILL SOON BE REUNITED WITH HIS PARENTS IN A HAPPY PLACE IN HEAVEN. HIS LEAVE A MEMORIAL TO THE CASA DEMA HOME, WHICH WAS HIS HOME LATE IN HIS LIFE. AN OFFERING OF LILAC POTDAYS, NICE AND CLOTHES, ARE ALSO WELCOME. THE FAMILY WISHES TO EXPRESS THEIR APPRECIATION TO THE MILITARY PERSONNEL WHO ARE THERE TO GIVE HIM THE LAST HONOR DUE TO HIM.

KEVIN IS SHELLED IN THE CHEYENNE & ARAPAHO MASS GRAVE, DOWNS, OKLAHOMA, UNDER THE DIRECTION OF PIERCE FUNERAL HOME.
Seeking to expand his creativity, Levi started exploring the craft of writing. Having always been fascinated by stories, he felt drawn to the allure of笔尖下的奥秘。然而，正如他所料的那样，撰写故事的过程并没有遇到他想象中的那种突然的灵感。他的第一个故事是以他爷爷的亲身经历为基础创作的。“故事就是来自于你对过去生活的记忆，”他说，“而这些记忆是你亲身经历过的。”

在首次尝试中，Levi通过专注于细节来提升故事的深度。他尝试将他所知道的每一个元素都融入到故事中，无论是地方还是人物的行为。“我想让读者感受到那种熟悉的感觉，”他解释道，“我希望他们能够沉浸在故事中，就像身临其境一样。”

为了实现这一目标，Levi决定从自己的经历中寻找素材。他回想起了他和家人共度的时光，以及他们在田径场上一起度过的那些年。“田径就是我的另一个世界，”他说，“我可以在那里找到我想要的一切。”

Levi说，他下一步的计划是通过参加短篇小说比赛来推广他的作品。他希望通过这种方式，让更多的人能够发现自己的故事。而他将继续追求他的梦想，用他的笔书写更多美好的故事。
Cheyenne & Arapaho Department of Housing
2019 Elderly lawn program

All Tribal Elders who received a lawn mower for the summer of 2018, Below are the steps to maintaining the lawn mower:

• Step 1: To improve the mower performs up to 2018, in winter to change the oil annually. The Mercur performance increases, maintenance is less costly and ensures a longer engine life. We must use oil specially formulated for the engine type (see owner’s manual), this will keep the engine running at its best.
• Step 2: Clean or replace your air filter. See owner’s manual to determine if the filter type is to be cleaned or replaced. Make sure to replace the filter every two (2) hours during the growing season.
• Step 3: Fill your gas can and place the fuel. One can go side to side in one to 20 days. Add a fuel treatment and stabilizer to keep gas fresh and prevent the mower engine.
• Step 4: Blade maintenance. Brush off the mower after each use to keep debris from collecting on the blade, use a water can or hose to clean the deck. Sharpen the blades regularly to avoid any problems with eating the yard.
• Step 5: Change the spark plug annually. Once a year change the spark plug, and replace the spark plug.

NOTE: Please refer to the owner’s manual for all steps to maintain the mower. If the mower is in need of other services, please contact the service on the manual for all other services needed for the mower.

The Cheyenne & Arapaho Tribes or The Department of Housing are NOT responsible for any repairs needed for the mower. It is the owner’s responsibility to repair the mower.

NO LAWN MOWERS WILL BE GIVEN FOR THE 2019 LAWN PROGRAM

The Department of Housing lawn program will be accepting applications
March 1st 2019 through March 28th 2019

Guidelines for lawn services:
1. Tribal Elder preference.
2. Must be 75 or older.
3. Home and property must be owned and occupied by Tribal Elder.
4. Responsibility is required for yard to be cleared of all and any debris.
5. Tribal Elder has service in the same or nearest non-tribal area.
6. Not applicable if owned and lived in owner in 2018 in the same non-tribal area.
7. The Executive Director reserves the final decision on any request.

The 2019 Elderly lawn services are for the Cheyenne & Arapaho Elder Tribal members in the service area.

For more information, please contact the Department of Housing at (307) 331-2400.