Marching for gun control

Special Tribal Council meeting shortest meeting on record

Rosemary Stephens
Editor-in-Chief

At 10 a.m. Saturday, March 24, 2018, Cheyenne and Arapaho tribal citizens filled the Concho Community Cen- ter in Concho, Okla., to attend a special Tribal Council meeting with two items on the agenda: to remove Larenda Morgan, Tribal Council Coordinator, from her position and to fulfill the remainder of her term as interim coordinator, which ends on the Oct. 6, 2018 annual meeting. But as it turned out, neither item on the agenda was addressed during the special meeting.

The meeting began at 10 a.m. with roll call, per the Constitu- tions, a 75-member quorum must be reached in order to begin meeting. Quorum was set at 10:09 a.m.

Tribal Council Coordinator Plummer asked for volunteers for count- ers, opening the floor for nominations for sec- retary of meeting. Larenda Morgan was declared as chairperson. Albert Old Crow asked for the other item on the agenda, a motion to remove Morgan from her position, which he stated objections should have been voiced earlier when Yellow- stone, an employee of the tribes’ Executive office was nominated as chair- person.

The floor was opened for nominations for secretar- y with two individu- als, Gloria Tall Bull and Larenda Morgan. After the vote of 66 for Mor- gan and 39 for Tall Bull, Morgan was declared secretary of meeting.

Again confusion ensued among counters, with one counter being asked to sit down and another recounting him- self, leaving six coun- ters.

Old Crow asked for the author of the first resolution (agenda item one) to come forward to read the resolution. Before the author could make his way to the po- dium, a motion from the floor to accept the resolution, which would not give the author an opportunity to come forward was made.

There were several private discussions be- tween the chairman and tribal members at the podium, until Old Crow declared there would be a vote on the resolution on the floor before proceeding.

The vote to not accept the agenda was 83 to 77 voting to accept the agenda.

Old Crow immediate- ly adjourned the meeting following the vote.

DENVER MARCH POWWOW—ELDER POWER

Tribal elders travel ‘mile high’ to Denver

Latoya Lonelodge
Staff Reporter

Traveling across states, crossing scenic routes, witnessing breathtaking views and feeling the change in el- evation was the fresh breath of air many got to experience.

On March 22 two charter buses opened their doors in the early dawning hours of the morning as Cheyenne and Arapaho (C&A) tribal elders filled their way on board. Approximately 100 trib- al elders signed up for the 2018 Denver March Elders Trip to Denver, Colo. At the break of dawn, the day was already filled with excitement as tribal elders on the buses were in route to experience what awaited them in Denver.

“I really enjoyed the trip and the out- looks that we have with our elderly pro- grams and thank you for the programs that we do pick up. We’ve gone to places that some of us would have never been before and that’s good,” Norma Fisher, tribal elder said.

From early dawn to nightfall, elders traveled the distance on the two busses, making various stops along the way. Upon arriving in Denver, an agenda full of planned events and activities for the elders to enjoy waited the next day. As the trip was only planned for a two-day stay, there would be no time to waste in tourism or attraction.

Starting早点 the next morning, el- ders were given the opportunity to ex- perience downtown Denver as they en- joyed lunch at the Hard Rock Café and ventured down 16th Street Mall. Streets were flowing with crowds of people, busy shops and active business- es. With little to no time to spare, elders took a quick rest break before savoring their taste delights at The Fort Restau- rant. At The Fort, elders were treated to the western hospitality of Colorado and Native American culture, as they were each served portions of buffalo prime rib.

As the excitement of venturing Col- orado’s many attractions heightened, el- ders did not settle down just yet as they were able to enjoy the evening at Den- ver’s most sought after events, Denver March Powwow. Denver March was held at the Denver Coliseum, a powwow that attracts thousands of tourists each year to take part and witness the ex- quisite array of Native American culture. I liked the powwow. I’d rather stay there and at all day if they let us. It’s good to come because we are relative from all over that we haven’t seen in awhile,” Joyce Starr, tribal elder said.

While many were grateful for attend- ing the powwow as they have in previous years, there were also few who attended the powwow for their first time while traveling, a luxury many do not have the chance to experience.

“This is the first time I’ve been on the elder’s trip and I liked it. I really enjoyed myself. This is my first time for the pow- wow too. There were quite a few dance- s. I don’t get to travel that much, just wherever I get the chance,” Joyce Bull- coming, tribal elder said.

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March for gun control

Cheyenne & Arapaho
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Cheyenne and Arapaho Gov. Reggie Wassana and Lt. Gov. Gib Miles are steadily putting one foot in front of the other looking to do the next right thing. And it’s paying off. From pending nomination confirmations of Supreme Court justices, to key personnel being put into positions accentuating their strengths to forming the tribes’ first in-house legal department, both governor and lt. governor believe going slowly and being thorough will, in the end, pay off in good decisions.

“The still needs to be some adjustments in positions. There are some people in positions that are far more suited for a different position, maybe their directorship was cast upon them when they really didn’t want to be a director, but whatever the case, there are still some investments we need to make but we will be thorough as we go along,” Wassana said.

April 6 will mark the new administration’s 90th day in office. The transition from the previous administration to the new leadership under Wassana and Miles has been, judging by the last three administration changes, a quiet and a seemingly smooth transition. However, many do not see the governor and lt. governor’s late evening meetings as they discuss the many areas of concern brought to them on a daily basis.

“Social Services have really been tough. We have these parents come to us saying, ‘they’ve asked us to do this, this and this and now they are sending me something saying my parental rights are being terminated and I need to sign this piece of paper.’ When I was growing up I got the shit beat out of me, if that happened now they would’ve taken us,” Miles said. “But if someone had come in and said, ‘hey do you want to be out of that situation and go live with a family you don’t know?’ I would’ve said I want to stay right here with my dad. And I have said it before, I don’t think I ever got hit where I didn’t deserve it … like Reggie says we grew up just fine.”

But in an effort to reform the Social Services Department, specifically the Indian Child Welfare aspect, the two leaders have decided to bring in a consultant, Rachel Felter to take a look at the overall program and make recommendations on what needs to be done to improve the program. Felter, at one time, was the Family Services Director for the Northern Arapaho Tribe in Wyoming.

“To be honest, good people and things have just fallen into our laps,” Miles said.

April 6 will not only mark the 90th day in office for the two tribal leaders, but will also be the day the Seventh Legislature will decide on the confirmation on three Supreme Court Justices nominations, Dennis Arrow, Ryland Rivas and Lindsey Robertson. All three justices formerly made up part of the Cheyenne and Arapaho Tribes Supreme Court prior to 2010.

“We are receiving a little bit of a push back on them (nominees) because of the 7th district,” Wassana said.

The two candidates facing off for the C3 general election were Darrell Flyingman and Ronald ‘Sonny’ Red Shin. After the tally, Red Shin was declared the winner of C3 legislative seat with 149 votes versus Flyingman’s 122 votes. There were a total of 271 ballots cast for the election equating to a 25 percent participation in the C3 election. Red Shin will fill the C3 legislative seat for the remainder of the existing term. C3 will come up for re-election in November 2019.
The Cheyenne and Arapaho Election Commission held a public hearing on March 15, 2018 to declare two vacancies.

The hearing was convened by Commissioner Norma Yarbrough to determine the status of A1 Election Commissioner seat vacated by Sankey. The commission did indeed have the authority to declare the seat vacant as stated by Commissioner Joseph Morsette to the meeting to speak on his behalf.

According to the amended 2017 Tribal Election Laws, the election commission has the authority to declare the seat vacant due to residency issues, if it was determined that individual, two or more utility bills in the candidate’s home stating that the candidate does not reside with someone whose name is on the lease, rental agreement or deed, the candidate can submit a notarized statement.

At a previous meeting, it was determined that a candidate must submit a notarized statement as an A1 election commissioner had expired. After discussion the commission voted to declare A1 election commissioner seat vacant with a vote of 6 yes, 1 not voting, 1 vacant.

The second item on the public hearing agenda listed A4 Legislature Sankey. According to members of the commission, they received a notarized letter from an A4 constituent claiming Sankey did not reside within the district he represents. In addition, the commission’s attorney stated Sankey’s A4 voter registration was not current.

According to the constitution, Section 4, Qualifications, subsection (c), “At time of filing a nomination petition a candidate for District Legislator shall physically reside in such District. Each District Legislator shall physically reside in the District from which they are elected for the duration of their term. Each District Legislator shall be a registered voter in the District from which they are elected.”

Sankey stated he had received a notarized letter, nor did the individual currently residing at 1003 Savage in Hammon, Okla. Sankey stated he did not live at the Savage address, that, in fact, his residence is located at 907 S. Broadway in Hammon, Okla. Sankey did not have documentation to verify his residency at the time of the hearing and requested two weeks to obtain the documentation to verify his residency.

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Additional information on special elections will be forthcoming.

Cheyenne and Arapaho Election Commission declare two vacancies

Cheyenne and Arapaho

Commissioner stipends not to be included in personal income for tax purposes.
cause they are saying it’s not in the best interest of administration, but you know if you guys, if you look at how the tribes were treated, they were really thorough, they had to meet many criteria. They had to show that they needed a structure and we feel like we had good command of the information and an envelope of pictures that they had from Darrell’s (Flyingman) cause they are saying it’s not going to happen.

My grandma as a baby and my great-grandma was telling me to my family that I had never seen. She always heard stories about her great-grandma. I got into this a lot of people don’t understand how important it is, why it is important. Having traveled far from Birmingham, Ala., Grace Slaughter, C&A tribal member, understands why her ancestors went to school at Carlisle, so that was the base of the story that I had on file and as I opened it, it was introduced to our students.

With the rise of technology, information like Carlisle School has been made accessible through the Carlisle Digital Resource Center.

As Carlisle became the model for various Native American tribal boarding schools, it is important to make that information available online for future generations.

According to Slaughter, she was able to add their own stories is really important to her. She got into this a lot of people don’t understand how important it is, why it is important.

Leadership continued on pg.

The 12th annual Native American Housing Law Conference April 22-24, 2018 at Las Vegas, Nev. For more information or to register visit www.nativetitle.org.
Rosary Stephens
Editor-in-Chief

Antonio Church never dreamed he would have to leave his home town. The idea of such a move from Austin, Texas was not even a possibility … until he was offered a scholarship from the Oklahoma City University’s (OCU) Law School.

“I tell you what I never thought in a million years would be in my future, just on football teams. Whenever I got that chance to come here, it took me a good couple of days to work my emotions, ‘do I really want to move to Oklahoma from Austin?” Church laughingly said. “But ultimately I am glad I came out here. It’s been a really good opportunity, but never in a million years would I have told you I would be living in Oklahoma.”

Church, now a citizen of Oklahoma, is part of the new Cheyenne and Arapaho Tribe legal team organized under the Cheyenne and Arapaho Tribe’s Department of Justice.

“Wassana put into action a novel idea. The forma- tion of this in-house legal team consisting of licensed attorneys, eliminating the spending of millions of dollars to hire outside legal firms. Tribal citizen Hershel Gor- don was chosen to head the team, who in turn brought in Church.”

“We work really well together, we actually want to go to the same law school and I knew Hershel, because I was in the same law school class and we also had an internship with the juvenile public defender’s office,” Church said. “We had a really good working relationship previously and we’re doing really good so far,” Church said.

“I get to come on this trip to Denver March powwow and I’m a grand- mother of four grandchildren and I enjoyed the trip to Denver and the kids also got to come so it’s like a little getaway, a mini vaca- tion, and I enjoyed it very much,” Harriet Whiteshirt, tribal elder said.

Others also reflect on the trips as a reunion to re- unite with old friends they have not seen in years.

“I think of the elders that are here and that have been coming in the past, to me it’s a feeling within ourselves, like I feel that because I have not seen Ramona in a long time, I mean it’s not like it, it’s not even a day, it made me feel good, we can go back and remi- nisce and we can talk and we can share our last expe- rience and tell what we’re doing now, what we’ve been doing, how we’re going to catch up, it’s like sit- ting as a family in a home setting at a table, like in the past.”

That’s really what I look forward to a lot of times, I haven’t seen a lot of these people after I retired and I’d like to talk to somebody ‘oh wow did they see you again?’ I wouldn’t think that I am sure enough it’s because, ‘I haven’t seen them in six years, seven years,” Fishbeyn said.

“During the activities planned for the elders, ev- eryone had a different hand on the “Mile-High” tradition of their Colorado communities, where elders who were used in active war combat or had their options,” Church said. “For me it’s important that I get to come and enjoy herself with other people,” Church said.

“It’s a moral problem and it’s gotten worse. Since Columbine it’s been rolling downhill,” Trevor Jackson said. “We’re against gun vio- lence, and especially with school shootings, but the answer, gun reform as only a band aid to the problem.”

Immediately following the Parkland shooting, many states announced raising the legal age to purchase a gun from 18 to 21, but not all states have followed suit. February’s mass shoot- ing at Stoneman Douglas High School was the eighth school shooting this year in the United States and there are many students could be affected by it.

Among the new changes are students being called to the principal’s office for background checks when purchasing guns, longer wait times, and restrictions on purchasing guns and using credit cards, as well as a ban on assault weapons, specifically the AR-15, which is commonly used in active school-based attacks.

No student should ever have to cover themselves with a deceased classroom mate to survive, “We have to save Doug- kin.” Aalayah Eastmond, Parkland School shooting survivor said. Columbine happened. Nothing changed. Nothing happened. No change. Parkland happened. Nothing changed.

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Denver March powwow
continued from pg. 1

While the chance to at- tend the Denver March powwow was an opportunity for a short getaway and a time to en- joy oneself for many, other- times took delight in enjoying the company of old friends and family.

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[CONCHO-OK] Students from Darlington school talked with the Cheyenne and Arapaho Tribal Tribune about newspaper work and raised in the El Reno, Okla., Loren Lake, 14, grasps other methods to reach those goals. She is an artsy and charismatic character. For her, the newspaper is a venue to convey her passion for the field, she means business. Standing 5’9”, Loren is a defensive player on the school’s soccer team and looks forward to participating in more activities to educating herself. She likes Winn-Dixie and other taking a long menu ingredients in cigarettes.

The seventh grade students from Darlington school chatted about their future career goals with cigarettes. “We use it to give the students an opportunity to learn about the dangers of smoking and the effects of commercial tobacco and then pass that message on to their fellow peers,” said Courtney Reeder, the Tribes Health Education Project Special- ized. Reeder is a member of the Cheyenne Health Education Team who is responsible for advertising and raising awareness about the damaging health effects of tobacco use is still the number one cause of preventable death in the United States. In Oklahoma, tobacco use claims 7,500 lives and costs $1.62 billion in health care costs each year. Darlington students chose different facts from the www.smokefreeok.org website on the sidewalk phrases like, “The tobacco industry tends to recruit young people to replace current smokers who are dying or quitting. “The U.S. Surgeon General has found that tobacco use damages nearly every organ in the human body.” Second hand smoke is also hazardous as it contains more than 700 harmful chemicals, including many that are known to cause cancer. “We’re just trying to get people to smoke,” she said. “We just want people to not think about smoking. We just want people to know about it.”

“Buddy Butter Day” is a native tribe to the Cheyenne and Arapaho Tribes. “The Cheyenne and Arapaho tribal leaders are working on the smoke-free campus. “We’re trying to get people to stop smoking.”

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Lanae Ben is the only female member of the 2017 Shiprock Angel’s baseball team. (Submitted photo)

Lanae Ben pictured with her little sister and biggest fan.

Carson Aranda, 8, is a little league wrestler who will be wrestling in the 52 lb category. Carson has successfully marked his place among the world of wrestling, having placed in various open tournaments. He has placed third at the Jr. Navajo Championship, first at regionals and third at the state tournament level. Carson has been wrestling since he was 5 years old, he currently wrestles for the Westminster Eagles Youth Wrestling.

Redlands Community College receives assistance C-A Higher Education Scholarship Program

Troy Milligan, Redlands Community College collaborate with Cheyenne and Arapaho Higher Education Coordi- nator Wanda Whiteman in order to host a series of cultural nights, such as beadwork. Since the age of 9, Lanae has been playing baseball for 11 years since the age of 4. Lanae's parents knew she had special abilities because she has more experience in it. She likes softball because it give her more opportunities as a utility player (someone who plays all posi- tions) and baseball help her for transition to other sports for high school.

The third batter makes his way to the plate, known to have made two outs to hit a home run. Lanae hits one, its a strike. Pitches another, he pop flies to the outfield and he is out. The next batter makes two outs and the Angels advan- ced in the bracket with two outs to play in 2017.

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The third batter makes his way to the plate, known to have made two outs to hit a home run. Lanae hits one, its a strike. Pitches another, he pop flies to the outfield and he is out. The next batter makes two outs and the Angels advan- ced in the bracket with two outs to play in 2017.

Lanae Ben is the only female member of the 2017 Shiprock Angel’s baseball team. (Submitted photo)

Lanae Ben pictured with her little sister and biggest fan.

Carson Aranda, 8, is a little league wrestler who will be wrestling in the 52 lb category. Carson has successfully marked his place among the world of wrestling, having placed in various open tournaments. He has placed third at the Jr. Navajo Championship, first at regionals and third at the state tournament level. Carson has been wrestling since he was 5 years old, he currently wrestles for the Westminster Eagles Youth Wrestling.

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Muscle plays a crucial role in human health, as it allows us to stand, walk, balance, lift and breath. Building and maintaining muscle mass is important for optimal calorie burning, dense bones and increased energy levels. An individual can lose between 3 and 5% of muscle annually depending upon activity rates and nutrition status. If muscle loss continues it can lead to loss of strength, mobility issues, disability and falls which is a concern for older adults.

Resistance training at least twice a week and adequate amounts of eating healthy, prudent exercise, proper nutrition and sleep is required to help slow muscle loss. Resistance training may help prevent osteoporosis a condition characterized by weak, porous bones, which can then lead to fractures. Osteoporosis has a gradual onset with inadequate nutrition and lack of physical activity. Some inactivity, age, immobility and sickle-cell trait can increase the risk of bone loss. Osteoporosis is more severe in women due to the loss of bone mass at menopause.

During the Exercise and Health program held on March 19, the Cheyenne and Arapaho Tribal Health Coalition (CHR) and Behavioral Health Coalition (BHC) at Oklahoma University (OU) held a spring break youth fitness and education event focusing on healthy eating, mental health, and trauma prevention. The event helped to prevent suicide, reduce the severity or prevent the occurrence of injury. It is recommended to incorporate strength training into your routine at least two-three times a week for best results. While some people prefer weight machines, free weights are the most preferred method and can be used anywhere. Resistance bands are also popular, just make sure you select the proper weight to improve strength and prevent injury.

If you prefer exercises that do not require weights, using your own body as weight exercise can be a good option. Push-ups, squats, planks, hip lifts and plie are some of the exercises to consider.

Resistance training may help prevent osteoporosis. Research suggests that muscle strength can improve bone density and decrease osteoporosis risk.

For more information or tips on wellness contact Tara Conway, Diabetes Wellness Program, 405-422-7865 Ext. 208-0787 or email tconway@ca-tribes.org.
William Pratt Sr. was preceded in death by his parents, Pauline Meatcraft and William Pratt Sr.; brothers, Jimmy Scabbyhorse, Joseph Meat and Leonard Yellow Eagle; great-grandchildren. His journey will begin at 7:00 p.m., Saturday, March 17, 2018 at Concho Indian Cemetery. Interment will follow at Concho Community Building in Concho, Okla. Funeral services were held March 14 at the same venue. Interment followed at Concho Indian Cemetery.

Art and Poem by Donovan 73'
**Employment: Foster Care Worker Social Services Closing: Until Filled**

**Qualifications:**
- Prefer bachelor’s degree in social work or related field or an equivalent combination of education and experience.
- Requires one year of experience in professional related education and experience.
- Knowledge and understanding of the Indian Child Welfare Act of 1978. Ability to work flexible hours and willing to work other than normal working hours including weekends, holidays and after 5 p.m.
- Must have basic knowledge of early childhood education and child welfare case work, recognize child abuse and neglect indicators.
- Possess communication skills, written and oral, to relate to Indian and non-Indian communities, other agencies and the general public.
- Ability to maintain a high level of confidentiality on all client matters and other matters protected by the Privacy Act as well as other confidentiality regulations OSH and criminal background check required and be adjudicated appropriately.
- Must possess a current Oklahoma Driver’s License to operate a government-owned vehicle.
- Prefer knowledge of Cheyenne and Arapaho Native American cultures and values.
- Must have computer skills. Prefer associate’s degree from an accredited college or university.
- Prefer a working knowledge with Honorable Discharge.
- Knowledge of United States military branches, histories and aliens and non-Indian communities.
- Oklahoma driver’s license.

**Salary:** Negotiable

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**Closing:**
- Foster Care Worker Social Services: Until Filled

**Notice of Holiday**

**Monday, April 2, 2018**

- Watonga Community Hall
  - 12:30 p.m. - 3 p.m.
- Watonga Community Hall
  - 12:30 p.m. - 3 p.m.

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**Closing:**
- Sealing Community Hall: Until Filled
- Watering Watering Community Hall: Until Filled

**Closing:**
- Foster Care Worker Social Services: Until Filled

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**Legal Notices**
the aftermath of these crimes,” said Caroline LaPorte (imme-
turally-specific or tribally-run services for Native survivors in
Native communities access the supportive services they needed.
women and more than one in six Native men were unable to
Hearts. “We know that we cannot do this work alone—our
Senior Native Affairs Policy Advisor for NIWRC and Strong-
ences, Family and Youth Services Bureau, U.S. Department of Health
injuries. Eight percent of 
women were subjected
raps occur while the
victims of rape and sexual
assault are female and
nine percent are male
in their lifetime.
One in five women
and one in 71 men will
be raped at some point
in their lives.

In the U.S. one in
three women and one in
six men experience some
form of contact sexual
violence in their lifetime.
51.1 percent of fe-
victims of rape reported
being raped by an intimate partner and
40.8 percent by an
acquaintance.
52.4 percent of male
victims report being
raped by an acquain-
tance and 15.1 percent
by a stranger.

Almost half (49.5
percent) of multiracial
women and over 45
percent of American
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tims of rape and sexual
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Eight percent ofrape victims
occur while the
victims are at work.
If you or someone
you know is a victim of
domestic violence, we

Can help. Contact the
Cheyenne and Arap-
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Violence Program by
calling 405-620-6395
or 405-538-5590 or
405-295-1525.

April is Sexual Assault Awareness Month
Sexual Assault Statistics in the
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Are you a Native American seeking a home loan?

Flat Branch Home Loans is excited to announce that it now offers financing specifically for Native Americans with our:

HUD 184
NATIVE AMERICAN HOME LOAN

Specifically designed for American Indians, tribes, or tribally designated housing entities, the Native American Home Loan features:

- Low down payment requirements (1.25% - 2.5% of the purchase price)
- Down payment assistance available (up to $30,000 for certain tribes)
- Financing on Modular, Manufactured, and Single Family homes
- Alternative credit allowed (low minimum credit score)
- No monthly mortgage premium payment necessary with one time loan guarantee fee added at closing

Who is eligible?

- American Indians or Alaska Natives who are recognized as a tribal member
- Federally recognized Indian tribes
- An Indian Housing Authority (IHA)
- A Tribally Designated Housing Entity (TDHE)

FOR MORE INFORMATION:
800.449.0315
OR VISIT ONLINE AT: FBHL.COM/184