Cheyenne & Arapaho tribes Primary Election results are in

By Rosemary Stephens
Editor-in-Chief

The long awaited Cheyenne and Arapaho tribes 2017 Primary Election was held Tuesday, Oct. 3.

The polls opened at 7 a.m. – 7 p.m. with on site polling for tribal members. Absentee ballots were collected from the El Reno post office by the deadline time of 3 p.m. by members of the Election Commission and two representatives from the Carter Center, who were on site by invitation to observe the tribes election process.

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The Trump administration is dropping a bomb on Indian Country proposing dramatic land into trust changes.

Nov. 7 GENERAL ELECTION

NOTE: Absentee ballots will be mailed out on Thurs., Dec. 19, 2019. If you do not receive your Primary Election ballot - please call your respective District's Election Commissioner immediately to verify your correct address.

A sore loser - "Ed Hamilton is a sore loser - that's what he is," Khidhir said. "The Iowa Tribe has gone further than the Cheyenne and Arapaho. Flordaman has egg on his face now.

Representative Foster said he believes Pokertribes.com was a good opportunity for the Cheyenne and Arapaho tribe to dramatically increase its gaming revenues.

"It's unfortunate that the Tribe didn't stick with it. That would have done very well," Foster said. "My personal feeling is it's a business for the tribes. We have to look at the economic advantage.

In a statement, Hamilton said the lawsuit was the culmination of a lengthy investigation into the tribes' past business dealings.

The tribes continue to work with law enforcement to seek criminal convictions of several individuals named in the lawsuit, Hamilton said.

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Paint party fun makes a splash on suicide prevention month

By Lanya Loewy, Staff Reporter

September is National Suicide Prevention Awareness Month, a time to recognize the importance of suicide prevention and to spread awareness. One such event was held at the Cheyenne & Arapaho Tribal Health Education department and RISE (Raising Interest in Suicide Education) program team to host a Paint Party in Cheyenne, Wyoming.

The Paint Party was held at the First Free Will Baptist Church in El Reno, Okla. A rainy evening was no obstacle to the attendees, who were eager to paint and enjoy the festivities. The event featured a canvas painting activity as well as refreshments and door prizes.

The Paint Party was organized as a way to raise awareness about suicide prevention and to provide a fun and engaging activity for the community. Attendees had the opportunity to explore their creativity and connect with others while learning about the importance of suicide prevention. The event was a success, with many participants expressing gratitude for the opportunity to engage in such a meaningful activity.

The event was supported by various organizations, including the Cheyenne & Arapaho Tribal Health Education department and RISE program. The organizers expressed gratitude to everyone who participated and contributed to the success of the event.

Overall, the Paint Party was a great example of how engaging events can be used to raise awareness about important public health issues and to promote community well-being. The participants left the event feeling inspired and empowered to take action in support of suicide prevention.
Professional Experience
Executive Director of Housing for Cheyenne and Arapaho Tribes. (April of 1996 – June 2013)
Casino Manager (MOD) for Casino Oklahoma, Delaware Tribe. (August of 2012 – Feb. 2013)
Executive Director of Housing for Caddo Nation. (Feb. of 2013 – Jan 2014)
Executive Director of Housing for Comanche Nation. (June of 2014 – Dec. 2015)
Cheyenne District 3 Legislator for Cheyenne and Arapaho Tribes. (Jan. of 2016 – present)

Accomplishments
Built 30 unit Elderly Independent Living Complex for Cheyenne and Arapaho tribes in Clinton.

Educational Background
cheyenne & Arapaho tribal Tribune

Platform for Candidacy
Purposing Improvements for Tribes

Economic Development
Purchasing land in development rich sites
El Reno
Clinton
Cotton
Weatherford
Selling
Woodward
Developing Tribal land
Elk City — Casino, Hotel, Truck stop, strip mall
El Reno — Casino Hotel and Resort (property behind Dennys)
Canton — Develop Marina, cabins and conference center
Watonga — Build permanent brick and mortar Casino and Truckstop

Maintaining and renovating existing casinos
Trading post for tribal merchandise
Establish wood lots in advantageous towns for sale of firewood

Establish True Economic Development Board aside from community development
Consider manufacture of goods with the collaboration of other tribes
Review the process of Government contracting
Open up used car dealership and servicing department

Elderly Services
Increase elderly utility payment for elders 60 and over
Purchase 2 charter buses for elderly events and trips
Establish food and clothing banks
Have an Elderly pow wow
Review process for social services to assign case workers for individual elders

Set up home health schedules with elders who are eligible for the service through their benefits
Review the housing services and increase the assistance for health and safety hazards

Culture and Heritage
Have more emphasis on preserving the languages
Teaching more cultural customs, peyote meetings, sweat, songs, foods
Paw wows — provide a standard provision for their financial operation
Tour past battle and massacre sites for tribal history recognition
Have community heritage recognition meetings for preservation
Have a Cheyenne and Arapaho Heritage Conference

Community Development
Establish Parks and Recreation and Pow Wow grounds department
Create Motor Pool for tribal vehicles — allow tribal members to rent vehicles

Tribal Services
Develop new Tribal Administration Building
Develop Museum — in new admin building
Develop Veterans building for services and meetings

Establish food and clothing banks
Developing an office space for BIA and IHS attached to new admin bldg
Review all rental trailer agreements and produce plan to find permanent placement
Find and purchase more cemetery space
Review the housing services and increase the assistance for health and safety hazards

Establish wood lots in advantageous towns for sale of firewood

For The People ... TOMORROW STARTS TODAY

VOTE NOVEMBER 7

Reggie Wassana
Governor

For The People ... TOMORROW STARTS TODAY

Gilbert Miles
Lt. Governor

For The People ... TOMORROW STARTS TODAY

VOTE NOVEMBER 7

Wassana-Miles
Governor and Lt. Governor
Cheyenne & Arapaho Tribes

For The People ... TOMORROW STARTS TODAY

Native Vote
Every Vote Counts

Wassana-Miles
Governor and Lt. Governor
Cheyenne & Arapaho Tribes

For The People ... TOMORROW STARTS TODAY
Allergies season is upon us, our faces are blocked and have the sniffles. Food may help with some of our allergy symptoms. Broccoli is high in vitamin C and is a member of the crucifer family, plants that have been shown to clear our blocked-up sinuses. Researchers have found that 500 milligrams (mg) of vitamin C a day can ease allergy symptoms. One cup of broccoli has 90 mg of vitamin C.

Allergens, such as ragweed, are also crucifer vegetables. There are also crucifer vegetables like broccoli and cauliflower. A diet high in cruciferous vegetables and cruciferous fruits can improve allergy symptoms. One cup of broccoli has 90 mg of vitamin C.

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Onions and garlic are packed with quercetin, an antihistamine that helps fight allergies. Quercetin also acts like vitamin C and quercetin is the form of Vitamin C that helps fight allergies. Quercetin is a flavonoid that is found in plants. In peak season, quercetin contains 25 percent protein. The leaves can also be dried and used to make herbal tea.

Stinging nettle is a plant that has many benefits and has a flavor similar to spinach mixed with cucumber. It is high in Vitamin A and, like broccoli, is also rich in potassium, magnesium, and calcium. It is peak season nettle con- tains 25 percent protein. The leaves can also be dried and used to make herbal tea.

For more information and tips on eating contact Tam Conroy at (620) Diabetes Wellness Program 405-422-7545 or email tamconroy@d-tribe.org.

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Vote
Dr. Funston Whiteman & Chris Derenzo
Governor & Lt. Governor
For Community, For Accountability, For Our People

Vote for the Perfect Balance of Education and Experience!

Upcoming Community Meetings
10/14 Albuquerque, NM—Location TBD
10/15 Facebook Live Chat 7 PM
10/19 Woodward, OK—Northwest Inn 6-8 PM
10/22 Moore, OK—Old Town Event Center 2-4 PM
10/22 Facebook Live Chat 7 PM
10/29 Facebook Live Chat 7 PM

Kingfisher, OK TBD
Geary, OK TBD
Clinton, OK TBD

Check our Facebook for additional meeting dates

Dr. Funston Whiteman
- Doctorate of Education from The University of Oklahoma
- School Principal
- Farmer Education Director for CSA Tribes
- Established Masters Program which helped 12 Tribal members receive their masters degrees at no cost
- US Marine Corps Veteran

Mr. Chris Derenzo
- Bachelors Degree from The Ohio State University
- 15 years casino management experience
- Proven success at increasing casino revenues.
- New casino planning and development experience.
- True advocate for our casino employees

“Sheer awesomeness. I am so glad we are finally working together. Let’s make our communities great and our economy strong.”
- Roberta Hamilton

“I encourage all to get out and vote and support Dr. Whiteman and Mr. Derenzo as our next Governor and Lt. Governor. Thank you and GOD BLESS.”
- Adrian Prairie Chief

Follow us on Facebook @ VoteWhitemanDerenzo
And Join Us Live Every Sunday at 7PM for Our Facebook Live Chats