VETERANS SUMMIT HIGHLIGHTS NEEDS OF ALL WOMEN VETERANS

The Auntie Project

Everyone has a favorite auntie. The one you can call anything at all, and she always knows the right thing to say. She was there when you were born, and again when you were admitted to the hospital. She was always there for you. "The Auntie Project" is about the importance of aunties, and how they play a huge role in our communities.

The Auntie Project is a multi-generational group that focuses on helping Native American women. Their goal is to help Native American women and children in need and providing opportunities for women veterans to the services they need and providing opportunities for veterans to raise questions of their own relating to concerning issues or topics. With each veteran woman in attendance, the room overflowed with history, stories, and a uniqueness tied to veterans who served in the armed forces.

"Our focal point of the summit is our army of veteran women, our community in most Native American communities, and the Native American veterans themselves. This is something Native American women are a part of," said Rosemary Stephens, Director of Women of Service.

The founders of 'The Auntie Project,' know this because all 14 of them are aunties. In a recent press release, Frances Monenertik, one of the four founding members said aunties play a special role throughout the community in most Native American cultures, and 'The Auntie Project's' first initiative highlights the generational trauma caused by the forced separation of families, particularly on children.

"This is something Native American families understand personally, having been torn apart by policies like forced removal, boarding schools and adoption," Mo- nenertik said.

"Every one of us are aunties, and almost everyone has an auntie," Gloria Tallbull said, another founding member of the group. "The Auntie Project: Native Women of Service.

Tallbull, who is a research assistant at the University of Oklahoma (OU) Center for Applied Social Research in Norman, Okla., said as she watched and heard stories of immigrant children being locked up at the border something inside of her yearned to do something to help — but what?

"I received a phone call asking if I wanted to be part of this project and I thought, ‘this is it, this is how I can be of help to these children, and not only the children at the border but all children across the country,'" Tallbull said.

The Auntie Project is comprised of a multi-generational group, ranging from early 20s to the 60s, of Native American women in Oklahoma. Their single goal is to help Native American and Indigenous children in need.

"When we first learned of the government’s plan to put children at the border, that was going to be our first focus, but the government has put that on hold, at least for right now, so we got together and decided we would focus on education on being detained at the border," Tallbull said.

The question now was how?

The Auntie Project has been of help to those children, and not only the children at the border but all children across the country.
Lexus Halfred has been hired as the new Native American Advocate for Etta Dale Junior High and El Reno High School’s girls basketball team assistant coach.

“Just want more kids to realize that it’s not that difficult or it’s not as hard as they think it is because a lot of kids that I graduated with from Darlington, some didn’t finish high school, or they did and had to go to the academy or they really loved playing sports, not just basketball but football or any sport, and then they get to high school and they just quit. They don’t care anymore, I just want more Native girls in college basketball, especially because when I played for Redlands I probably played against one Native girl and it was weird seeing it, we would talk after the games because we knew we had something in common than anyone could know about … you just got used to seeing all kinds of other races that you just forgot that there’s no Natives in college basketball basically,” Halfred said.

In helping others that once were like her, Halfred said she hopes to continue coaching in basketball.

“If I would like to stay here for awhile, especially with the class that’s coming in, there’s a lot of freshman girls and hopefully I’ll be here for their four years,” Halfred said.
Oklahoma's governor could force tribes to negotiate gaming compacts

By Matthew Morgan

OKLAHOMA CITY—Oklahoma's governor could force tribes to negotiate gaming compacts, a spokesman for the governor said Monday.

Attorney General Mike Hunter, who was appointed to the post by Stitt, had recommended a Sept. 3 meeting, but it didn't happen, and no tribal representatives attended.

Stitt had initially recommended a Sept. 3 meeting, but it didn't happen, and no tribal representatives attended.

Matthew Morgan, chairman of the Oklahoma Indian Gaming Association, said both sides could do a lot of things that "would not be good" for the ongoing relationship between the state and tribal governments.

"would not be good" for the ongoing relationship between the state and tribal governments. (OKLAHOMA CITY) Oklahoma's governor could force tribes to the negotiating table if he can convince lawmakers to outlaw gaming at horse race tracks by year end, the primary concern of the Oklahoma Indian Gaming Association, said both sides could do a lot of things that "would not be good" for the ongoing relationship between the state and tribal governments.

Attorney General Mike Hunter believes they are most successful when the compact was entered into… one of the main purposes was to save the horse racing industry.

Morgan said any move to outlaw horse racing "would be devastating" to the industry.

"They want to see what they want to talk about before they walk into the room and have any type of conversation," he said.

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Governor's Office until further notice.

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Morgan said the tribes want to be good partners to the state. "If we go ahead and put the tribal governments at the negotiating table if he can convince lawmakers to outlaw gaming at horse race tracks by year end, the primary concern of the Oklahoma Indian Gaming Association, said both sides could do a lot of things that "would not be good" for the ongoing relationship between the state and tribal governments.

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Are You Getting The Most
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Top Healthcare Benefits
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Are You Getting The Most

OP-ED: Blood Quantum

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Oct. 8-12, 2019 at the University of Miami, Coral Gables, Fla. More information or to register visit www.niae.org.

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The keynote speaker for the summit was Executive Di- rector of the VA Center for Women Veterans Jacquelyn Hayes-Wolfe, who talked about the needs of women veterans and services offered by Veterans Affairs.
Is Vaping A Safe Alternative?

Submitted by the Clinton Service Unit

Vaping, e-cigarettes or Electronic Nicotine Delivery Systems (ENDS) have been on the market for decades and have been touted as a “safe” alternative to cigarette smoking. ENDS contain water vapor and may contain nicotine. They were primarily developed and marketed to adults in an effort to decrease smoking.

In 2015, of those who used e-cigarettes, 58.8 percent were current smokers, 29.4 percent were former smokers, and 11.4 percent had never previously smoked. Forty percent of those between ages 18-24, had never smoked cigarettes regularly. ENDS are not harmless. They are available in many flavors such as vanilla, circus, popcorn, and fruit. Not only do they contain water vapor, they contain aerosols with nicotine. These aerosols may contain heavy metals like nickel, tin, aluminum, and lead. They may also contain Volatile Organic Compounds and other cancer causing chemicals. The flavoring has been reported to contain chemicals causing inflammatory and oxidative stress on lung systems (ENDS) have been promoted to contain chemicals causing significant injury.

Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.”

Pods (liquid refills) contain as much nicotine as a pack of cigarettes. Pods (liquid refills) contain as much nicotine as a pack of cigarettes. Aerosols in e-cigarettes may contain cancer causing chemicals. Pods (liquid refills) contain as much nicotine as a pack of cigarettes, do not produce smoke. Nicotine containing products may affect brain development in adolescents and is toxic to a developing fetus. ENDS may increase the possibility of seizures and other neurological problems. “Vapor from ENDS is acrid and can weaken tooth enamel,” said Dr. Matthew Pell, chief dental officer. “This may lead to tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.”

The Centers for Disease Control and Prevention (CDC) states the nicotine liquid refills, called pods, contain as much nicotine as a pack of cigarettes and are highly addictive. The consumer may use more product and have more nicotine/aerosol exposure versus smoking because they are flavored and unlike cigarettes, do not produce smoke. Nicotine containing products may affect brain development in adolescents and is toxic to a developing fetus. ENDS may increase the possibility of seizures and other neurological problems. “Vapor from ENDS is acrid and can weaken tooth enamel,” said Dr. Matthew Pell, chief dental officer. “This may lead to tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.”

Fact on E-Cigarettes: 3.6 million U.S. middle & high school students have used e-cigarettes in the past 30 days 20.8 percent of high school student usage rate Aerosols in e-cigarettes may contain cancer causing chemicals. Pods (liquid refills) contain as much nicotine as a pack of cigarettes, do not produce smoke. Nicotine containing products may affect brain development in adolescents and is toxic to a developing fetus. ENDS may increase the possibility of seizures and other neurological problems. “Vapor from ENDS is acrid and can weaken tooth enamel,” said Dr. Matthew Pell, chief dental officer. “This may lead to tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.” Vaping may appear harmless. It may not result in tooth decay, fracture, or tooth loss. There are many reports of these electronic devices exploding in the user’s pocket, hands, or mouth, causing significant injury.”

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In helping assert positive changes among the community of women veterans, Culley said she believes a lot of the challenges that she sees are in the way that current laws are written as they apply to how disability claims are processed for females. “The last time the law was written on how our disability claim was processed for a female was in the 1930s and women’s roles in the military has changed so much since then that the laws need to be relooked at and need to be changed as well. The other biggest barrier that we really have is trans- portation for getting our women to come out and seek some of these services.” Culley said. For the Oklahoma Native Women Veterans Summit, Culley said the turnout so far was a great mixture of all ethnicities that are in Oklahoma. “I thought it was great. I’m just happy that we have the turnout we had today and so many people came out for the event,” Culley said. To learn more about Veteran Benefits contact Culley at Mary.Culley@ va.gov.
(COLONY, OK) Darrell Flyingman and the Cheyenne and Arapaho American Legion Post 401 honored three Warriors from the Viet Nam conflict during the Colony Labor Day powwow on Saturday, Aug. 31.

The three Warriors who served in Viet Nam were wounded and returned home safely. As one tribal member said, “The Cheyenne and Arapaho tribes were very blessed because we didn’t lose one person during the Vietnam conflict.”

The three wounded Warriors honored were:

- CPL Raymond (Red) Stone Calf, U. S. Marine Corps, wounded twice in the Republic of Viet Nam. CPL Stone Calf received two Purple Heart Medals for wounds received in action on Sept. 6, 1967, and Dec. 11, 1967. CPL Red Stone Calf is retired from the Bureau of Indian Affairs where he spent over 20 years at Riverside Indian School and is a resident of El Reno, Okla.

- PFC Jerry Surveyor, U. S. Army, Company A, 1st Battalion (Airborne), 502 Infantry was awarded the Purple Heart Medal for wounds received in action in the Republic of Viet Nam on Feb. 9, 1968. PFC Surveyor resides in Albuquerque, N.M.

- SGT Ray A. Williams, U. S. Army, IV Corp. wounded twice in the Republic of Viet Nam was awarded two Purple Heart Medals on June 27, 1968 for wounds received in action. Ray Williams is married to Shirley Williams and retired from the U.S. Army as a Sergeant Major. He spent a total of 24 years in the Special Forces and is currently serving his second term as SFA President of Chapter 312 where he has been a member for 50 years. He resides in Midwest City, Okla.
John Anthony Starr was born on Oct. 30, 1973, in Kingfisher and lived there most of his life. He graduated from Kingfisher High School where he played baseball and excelled in football. He was an avid fan of the Chicago Cubs. He attended the University of Kansas and moved to El Reno a year ago, where he worked as a security guard and also sold insurance. John was a dedicated husband, father and dad to many. He was an incredible mentor to his co-workers. He was unafraid to speak his mind, was always ready to lend a helping hand, and was always there for his friends. He was a constant presence in the lives of his wife, husband, brothers and sisters, nieces and nephews, and countless others. John died Aug. 18, 2019, in Oklahoma City. He is survived by his wife,.sulake Star; - Minnie Starr; older brother John Kennedy Starr; - his parents, Glenn and Minnie Starr; older brother John Kennedy Starr; - his grandparents, Myrtle Woods and Esther Rednose; and dozens of nieces and nephews, whom he adored, and with whom he shared countless memories. John was a devoted husband and father to his wife, Rebecca, and young daughter Mikka Morlan. He was preceded in death by his mother and sister Anna Morlan. A traditional all night wake service was held Aug. 29, at the Kiesau Lee Funeral Chapel in Clinton, Oklahoma. Funeral services were held Aug. 30 at 3 p.m in the Clinton City Cemetery. The General Contractor is Thompson Construction, Inc. The 6,000 square foot Fonda Community Center, being built in Fonda, Oklahoma, is progressing according to schedule. The Cheyenne and Arapaho Tribes’ Office of Veteran Affairs at 405-248-7562 or toll free at 800-247-4612. For more information contact the Cheyenne and Arapaho Tribes’ Office of Veteran Affairs at 405-248-7562 or toll free at 800-247-4612.

Retirement/Birthday Dance for Arapaho Chief Spotccdawvet

John was a devoted husband and father to his wife, Rebecca, and young daughter Mikka Morlan. He was preceded in death by his mother and sister Anna Morlan. A traditional all night wake service was held Aug. 29, at the Kiesau Lee Funeral Chapel in Clinton, Oklahoma. Funeral services were held Aug. 30 at 3 p.m in the Clinton City Cemetery.

The Cheyenne and Arapaho Tribes Warrior’s Celebration-Celebrating All Tribal Veterans

Sept. 28-29, 2019 at the Canton Community Center in Canton, Oklahoma. Registration is at noon, drawing at 12:50 p.m., start time at 1 p.m. No age limit, no team member limit. For more information contact Mary Beaver at 405-664-5354 or 1-800-828-6868, or the Cheyenne and Arapaho Tribes’ Office of Veteran Affairs at 405-248-7562 or toll free at 800-247-4612.

Veteran’s Powwow Handgame

Oct. 6-7, 2019 at the Canton Community Center in Canton, Oklahoma. For more information contact Barefoot Powwow Committee at 405-899-1606 or Tina Emhoolah at 580-291-3178.

Memorial Dance for Ahinawake Nibbs

10 a.m. - 12 p.m. Sept. 19 at the Canton Community Center in Canton, Oklahoma. Registration is at noon, drawing at 12:50 p.m., start time at 1 p.m. No age limit, no team member limit. For more information contact Mary Beaver at 405-664-5354 or 1-800-828-6868, or the Cheyenne and Arapaho Tribes’ Office of Veteran Affairs at 405-248-7562 or toll free at 800-247-4612.

70th Birthday Celebration/Gourd Dance for James Michael Embouch

2-10 p.m., Oct. 6, 2019 at the Red Buffalo Hall in Cam-

county. For more information contact Noreen Starr at 405-

538-5330.

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healthy for DIABETES

Your child’s bone health might not be your first concern when you think of how optimal nutrition impacts your kid’s health. After all, osteoporosis largely affects older adults. Those with calcium levels reaching 90 percent of their peak bone mass may age 18 (for girls) and age 20 (for boys), bone health is a health issue for kids.

Think of bone health as a savings account. Bone is living tissue that is turned over consistently with regular deposits and withdrawals. During childhood and adolescence, bones are primed to make the highest rate of deposits possible, for use throughout the rest of the person’s life.

Few things are more important to bone health than diet. Many nutrients work in concert to provide that hard source in each meal and in concert to provide that hard source in each meal and in concert to provide that hard source in each meal and in concert to provide that hard source in each meal.

Calcium

Calcium is needed for both bone growth and maturation and is required for the normal function of all cells, tissues, and organs. It is the most abundant mineral in the body, and one of the most important for bone health.

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Vitamin D

Vitamin D is a fat-soluble vitamin that is produced in the skin under the influence of sunlight or obtained through diet. It is essential for the absorption of calcium and the maintenance of normal blood levels of calcium and phosphorus.

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Physical Activity

Regular weight-bearing exercise stimulates bones, stimulates osteoblasts and makes them stronger. Try activities such as running, hiking, dancing, tennis, gymnastics, basketball, volleyball, soccer and weight training to build bones. Swimming and bicycling are great for cardiovascular health, they are not weight bearing.

Raisin Dose

Some foods and beverages are fortified with calcium, containing calcium tablets, as well as milk, other dairy products, and green leafy vegetables such as kale, turnip greens, collards, broccoli, cabbage, spinach, and broccoli cole, kale, turnip greens, figs and tofu prepared with calcium. Some foods and beverages are fortified with calcium, containing calcium tablets, as well as milk, other dairy products, and green leafy vegetables such as kale, turnip greens, collards, broccoli, cabbage, spinach, and broccoli cole, kale, turnip greens, figs and tofu prepared with calcium. Some foods and beverages are fortified with calcium, containing calcium tablets, as well as milk, other dairy products, and green leafy vegetables such as kale, turnip greens, collards, broccoli, cabbage, spinach, and broccoli.

Phenomenal Health

For more information and tips on health and wellness contact Tara Conway at the Diabetes Wellness Program 405-822-7685, toll free at 800-247-4612 ext. 27685 or email tconway@cheyenneandaparaho-nsn.gov. For a personalized weight management plan that meets your individual needs, contact a registered dietitian either in person, by telephone or through nutrition counseling for running for the powwow committee are to keep the powwow alive by bringing back more campers, better contests and more dancers. This is one of the largest and oldest (78 annu- al) Cheyenne and Arapaho powwows and we are glad to serve this committee and look forward to meet- ing tribal members at the various fundraising events we have planned. Fundraising activities, raffles and more benefit dances are in the works to make this powwow a success for not only for the C & A Tribal members. We look forward to seeing everybody at our first fund- raiser Benefit Dance to be held on Sept. 26th, 2019 at the Clinton Community Center. Hahou!

Meet Your New Labor Day Powwow Committee

Chairman - Geraldine (Gerry) Redbird Woods: I am southern Cheyenne and Arapaho. My parents are the late Cheyenne Chief Robert and Virginia (Cel- ular) Woods Sr. My grandpar- ents are the late Vivian and Allen Redbird Sr. I am the oldest of five and reside in El Reno, Okla.

Vice Chairman - Cor- dine Morton: I am southern Cheyenne and Arapaho. My parents are the late Samuel Morton Jr and Gene- ral Burke Tallbull Morton. My maternal grandparents are the late John & Mildred Med- icine Bird Tallbull Horn and my paternal grandparents are the late Samuel and Stella Morton. Sr. I am the youngest of ten and reside in Yukon, Okla.

Treasurer - Phyllis WhiteThunder: I am southern Cheyenne and Arapaho. My parents are the late Cheyenne Chief Edward WhiteThunder and the late Jane Littlehawk BigFoot Blackburn. I grew up in Watonga, Ok and currently reside in Kingfisher, Okla. These two, our fami- lie have participated in many powwows and tradi- tional ceremonies, local and out of state. Our intentions are to keep the tradition of Culture alive by bringing back more campers, better contests and more dancers.

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Adult Education Committee Closing Date: Until Filled

Qualifications: Bachelor's degree in education or related field, preferred or an equivalent combination of education and experience, substitute one year of experience in teaching for each year of the required education. Cheyenne and Arapaho preference. Knowledge of current educational learning styles, principles of classroom management, Adult Education policies and regulations. General education curriculum and testing procedures. Ability to deal effectively and courteously with participants and to exercise good judgment when conducting assessments and communicating results. Ability to prepare instructional plans, progress reports, fliers and other related educational materials. Ability to maintain ongoing documentation regarding services provided (includes participant files and specialized class/program files). Maintain professional appearance and demonstrate basic knowledge of ongoing documentation. Must possess basic computer knowledge. Previous experience as an MS Works, Excel. Must possess a current Oklahoma driver’s license. Includes having a clean driving record for insurance purposes. Ability to pass OSBI background check. Must be able to lift 50lbs, be physically fit to work daily with children. Must demonstrate basic knowledge of early childhood development, attend staff meetings as well as parent workshops. Must have adequate transportation. Must be able to reside in the community in general and pass a criminal background check. Must pass mandatory drug and alcohol test. Willing to work flexible work schedule. Cheyenne and Arapaho preference.

SALARY: Negotiable

Caretaker (ON CALL)

Qualifications: High school diploma or equivalent required. Ability to work full-time with weekends and holidays not guaranteed. Must be able to work with children and load family. Must be able to lift 50lbs. Must be literate, possess good writing and oral skills and be able to work with adults with various social and mental disabilities. Must possess ability to work with difficult people and be able to pass background check and drug screen. Must be willing to work flexible hours including weekends and holidays. Must possess a valid Oklahoma Driver’s License. Must be able to provide a valid Oklahoma Driver’s License and a current Oklahoma Competency Certification in Early Education.

SALARY: Negotiable

Don’t miss your copy of the Tribal Tribune. Send address changes to Tribal Tribune, PO Box 38, Cheyenne, OK 73022.
In Reveles’ noticeable fourth, the Chiefs added another touchdown for the Chiefs, 21-0. In the third quarter, the Chiefs added another touchdown for the Chiefs, 28-0.

Looking back on the last two seasons, we have a new motto, we have a motto for every year, our motto this year is onward, like we’re moving forward, we’re moving on, and we’re moving on, as a team.

I think it’s something that’s going to help us and we’re going to continuously get better as well.”

With the excitement, stress and emotions that come with each game, Guzman said she always has to plan to get into her best-focused state of mind. During the National Anthem, I pray while they’re singing and I pray that we all do our best and right before we go on the field we all just have a little bit of, we just have a lot of faith in each other and it just makes you feel like, ‘yeah we got this,’ like it’s pumps up,” Guzman said.

And in her own words, coach Deaton described Guzman as an “awesome student athlete.” She’s involved in softball and cheer and does a lot of things, Deaton said.

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We want to impact the smaller towns and smaller cities in rural Oklahoma because many times the question is asked, who cares? We care. The Cheyenne and Arapaho Tribes care. The tribal nations in the state of Oklahoma care.

Governor
REGGIE WASSANA
Cheyenne and Arapaho Tribes

This WEEK at Lucky Star Casino

Vehicle Giveaways
Every Saturday in September at 11 PM at Concho only

$25,000 Cash Giveaways - Saturday, September 28th
First Drawing at 10 PM, Second Drawing at 11 PM at Concho only

25th Anniversary Star Play Saturday
Every Saturday get 25 Points and $25 in Star Play

Play & Earn
Earn 25 Points on Tuesday and get a 25th Anniversary Tumbler
While Supplies Last

Tailgate Tuesday
Vehicles Giveaways at 11 PM at Concho only

Hot Seat Thursday
Win $100 Star Play at 11 AM – 11 PM

Flaming Free Play
Hot Seats every 30 minutes at 100 Star Play

Wow
Drawings at 8 PM, 9 PM, 10 PM

Player's Choice
10 PTS FOR $10 SP
25 PTS FOR $25 SP
50 PTS FOR $50 SP
100 PTS FOR $100 SP

Join us and Celebrate Lucky Star Concho's 25 Years!

Play & Earn
See Player's Club for Details.

Promotions valid during Player's Club hours only. Management reserves all rights to cancel or modify any or all promotions without prior notice. ©2019 Lucky Star